

YOGA THERAPY

for Children with Autism and Special Needs

Louise Goldberg
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12-Hour Training Course for yoga teachers, educators and parents

*Yoga teachers may use these hours for CEU's
or toward the 500 hour Yoga Alliance certification.*

Saturday, Nov 6 | 12:00 – 5:00 pm

Sunday, Nov 7 | 9:00 am – 5:00 pm

Harmony House Yoga

9524 Griffin Road
Cooper City, FL 33328

info@harmonyhouseyoga.com | 954-434-3377

The Training Course Includes:

- Training Manual
- Curriculum
- *Yoga for Children* DVD
- Certification

Course Cost: \$195

Instructor: Louise Goldberg
MA, ERTY 500

Register by: October 30, 2010

The teaching principles of Creative Relaxation®

- make a sacred space
- engage the student
- provide tools for success
- create opportunities for independence

- Learn to teach yoga to children with Autism spectrum disorders, Emotional challenges, ADHD and Anxious learners
- Communicating with children effectively
- Curriculum for visual learners
- Varied styles of teaching
- Yoga for public schools and classrooms
- HAVING FUN

REGISTRATION FORM

For more information: www.creativerelaxation.net

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment of \$195 and send to:
Harmony House Yoga • 9524 Griffin Road • Cooper City, FL 33328

Louise Goldberg, MA, ERYT 500, became a certified yoga teacher in 1981, and has been a consultant to the Broward Schools for over 25 years. She teaches and has a private practice at the Yoga Center of Deerfield Beach, and is on the faculty of the Teacher Training. Louise is co-author of *Stop and Relax* ©2006. Her DVD, *Creative Relaxation*® features children with ASD. Published in the *International Journal of Yoga Therapy* in 2004, she is also author of *Yoga for Children*, used in the U.K. She has presented for the Autism Society of America and "Weekend with the Expert Series." Louise teaches yoga at the Miami Children's Hospital–Dan Marino Center's summer camp.