

YOGA Level 2 THERAPY

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for Children with Autism and Special Needs

12-Hour Training Course - Level 2 for yoga teachers, educators and parents

*Yoga teachers may use these hours for CEU's
or toward the 500 hour Yoga Alliance certification.*

Saturday, June 2 | 12:00 – 5:00 pm
Sunday, June 3 | 9:00 am – 5:00 pm

Yoga Center of Deerfield Beach
827 SE 9th Street
Deerfield Beach
www.yogacenterdb.com

The Teacher Training Course Includes:

- Addendum to Training Manual
- Advanced Curriculum
- Certification for Level 2

Course Cost: \$195

Instructor: Louise Goldberg
MA, ERYT 500

Register by: May 26, 2012



**The teaching principles
of Creative Relaxation®**

- make a sacred space
- engage the student
- provide tools for success
- create opportunities for independence

- Updated research on autism and the brain
- Steps and sequencing in postures
- Variety and challenge without stress
- Creating specialized lessons for individuals or groups
- Practice teaching and assessment
- Children with special needs for "live" practice sessions (Your children or students welcome)

REGISTRATION FORM

or register online at www.creativerelaxation.net

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment of \$195 and send to:
Relaxation Now • PO Box 93-6123 • Margate, FL 33093

Louise Goldberg, MA, ERYT 500, a certified yoga teacher since 1981, has been a relaxation consultant with the Broward Schools for over 25 years. She teaches and has a private practice at the Yoga Center of Deerfield Beach, and is on the faculty of the Yoga Teacher Training. Louise is co-author of *S.T.O.P. and Relax*®, a yoga-based visual curriculum. Her DVD *Creative Relaxation*® features children with ASD. Published in the *International Journal of Yoga Therapy*, 2004, she is also author of *Yoga for Children*. She has presented for the Autism Society of America and "Weekend with the Expert Series." Louise teaches yoga at the Miami Children's Hospital-Dan Marino Center Camp and has been an English teacher and remedial reading specialist.