

YOGA THERAPY

for Children with Autism and Special Needs

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12-Hour Training Course for yoga teachers, educators and parents

*Yoga teachers may use these hours for CEU's
or toward the 500 hour Yoga Alliance certification.*

Saturday, May 22 | 1:00 – 5:30 pm
Sunday, May 23 | 9:00 am – 5:30 pm

Yoga Center of Deerfield Beach
827 SE 9th Street
Deerfield Beach
www.yogacenterdb.com

The Training Course Includes:

- Training Manual
- Curriculum
- *Yoga for Children* DVD
- Certification

Course Cost: \$195

Instructor: Louise Goldberg
MA, ERTY 500

Register by: May 15, 2010



The teaching principles of Creative Relaxation®

- make a sacred space
- engage the student
- provide tools for success
- create opportunities for independence

- Learn to teach yoga to children with Autism spectrum disorders, Emotional challenges, ADHD and Anxious learners
- Communicating with children effectively
- Curriculum for visual learners
- Varied styles of teaching
- Yoga for public schools and classrooms
- HAVING FUN

REGISTRATION FORM

or register online at www.creativerelaxation.net/specialneedsclass.html

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment of \$195 and send to:
Relaxation Now • PO Box 93-6123 • Margate, FL 33093

Louise Goldberg, MA, ERYT 500, was Sivananda certified in 1981 and has been a consultant for more than 25 years with the Broward Schools. She is co-author of *Stop and Relax* ©2006, a visual and experiential curriculum. Her DVD *Yoga for Children* ©2004 features children within the autism spectrum. Published in the *International Journal of Yoga Therapy*, 2004, she is also author of *Teaching Yoga for Children*, a curriculum used in the U.K. She has been a Presenter for the Autism Society of America and "Weekend with the Expert Series." She teaches yoga at the Miami Children's Hospital Camp DMC. Louise taught HS and college English, and was a remedial reading specialist.